# Why Absorbable Surgical Sutures Are Essential in Modern Veterinary Surgery



Veterinary surgery has advanced significantly over the last few decades, with innovations that make procedures safer, faster, and more effective. One of the most impactful developments has been the use of <u>absorbable surgical sutures</u>. These sutures have changed the way veterinarians close wounds and incisions, providing convenience, safety, and efficiency that benefit both the patient and the veterinary team.

Understanding why absorbable sutures are so important can help veterinarians make informed choices during procedures and give pet owners peace of mind about their animals' recovery.

## What Are Absorbable Surgical Sutures?

Absorbable surgical sutures are specialized threads designed to hold tissues together temporarily and then break down naturally inside the body. Unlike non-absorbable sutures, which require removal after the wound heals, absorbable sutures dissolve over time.

The breakdown process occurs either through enzymatic reactions or hydrolysis, depending on the material used. Some sutures last only a few days, while others provide support for several weeks or even months before being fully absorbed. Common materials include polyglycolic acid, polydioxanone, and polyglactin.

This design makes them particularly valuable in situations where removing sutures would be difficult, uncomfortable, or unnecessary.

## Why Absorbable Sutures Are a Game-Changer

Veterinarians face a unique challenge: their patients can't always cooperate during post-operative care. Unlike humans, animals may scratch, lick, or chew at their stitches, which can interfere with healing. Scheduling a follow-up appointment for suture removal can also be stressful for both the animal and the owner.

Absorbable sutures address these challenges by:

- **Reducing stress for animals** No need for suture removal appointments that may involve sedation or restraint.
- Lowering infection risks The wound remains closed and sterile without the need to reopen the area later.
- Saving time for veterinarians Eliminates the need for a follow-up procedure solely to remove stitches.
- **Improving recovery outcomes** Provides consistent wound support until healing is complete, then disappears naturally.

## **Applications in Veterinary Surgery**

Absorbable surgical sutures are versatile and used in a wide variety of procedures. Some common examples include:

- **Internal Surgeries** For abdominal or thoracic procedures, where sutures are placed inside the body and cannot be accessed later for removal.
- **Soft Tissue Repairs** In muscles, ligaments, and other tissues that require temporary support during healing.
- **Dental Surgeries** Such as extractions, where sutures dissolve on their own, sparing the animal unnecessary discomfort.
- **Spay and Neuter Procedures** One of the most common surgeries in veterinary practice, where absorbable sutures simplify the recovery process.

#### **Benefits for Veterinarians and Pet Owners**

The advantages of absorbable sutures extend beyond the operating table. For veterinarians, they streamline procedures and reduce the number of post-operative visits. For pet owners, they eliminate the stress of bringing their pets back for suture removal. And for the animals, the result is a smoother, safer recovery process.

Absorbable sutures also align with the modern focus on **minimally invasive and patient-centered care**, making them a vital component of progressive veterinary practices.

## **Choosing the Right Absorbable Suture**

While absorbable sutures offer many benefits, not all types are the same. Veterinarians must consider:

- **Tensile Strength** How long the suture needs to hold tissue together before healing takes over.
- **Absorption Rate** Whether the material breaks down quickly or provides longer-term support.
- **Tissue Type** Certain tissues heal faster or slower, which affects the choice of suture.
- Patient Needs Age, species, and health condition may influence which material is most appropriate.

Making the right choice ensures the best possible outcome for every procedure.

## Why Absorbable Sutures Define Modern Veterinary Surgery

Veterinary medicine is always evolving, with innovations aimed at improving efficiency and patient safety. Absorbable surgical sutures embody this progress. They provide veterinarians with a reliable, safe, and convenient solution for closing wounds and incisions, while also giving pet owners confidence in the care their animals receive.

By reducing the need for follow-up visits, lowering infection risks, and supporting better healing outcomes, absorbable sutures have become essential tools in modern veterinary surgery.

#### Conclusion

Absorbable surgical sutures aren't just another option in the operating room, they are a vital part of advancing veterinary care. Their ability to simplify recovery, reduce complications, and improve patient comfort has made them indispensable for today's veterinarians.

At <u>Gexfix</u>, we are dedicated to supporting veterinary professionals with high-quality surgical solutions, including absorbable sutures that combine strength, reliability, and innovation. Our mission is to help veterinarians deliver the best outcomes for their patients, one procedure at a time.

Ready to equip your practice with trusted surgical solutions? Contact Gexfix today and discover how our absorbable surgical sutures can make a difference in every procedure.